

Nutri B-50 Complex

The premium B vitamin formula for healthy living



An inadequate supply of B vitamins can impose a host of health-related issues on our bodies: stress, anxiety, fatigue. Naka's new **Nutri B-50 Complex** liquid is a complete formula containing eight essential B vitamins, plus Choline and Inositol, to promote the metabolism of carbohydrates, fats and proteins for energy production, and assist in maintaining healthy nerves and immune system. This B vitamin complex also supports cardiovascular health, assists in the formation of red blood, helps maintain healthy skin, hair, eyes, and liver, and helps prevent neural tube birth defects. Easing stress, anxiety, and fatigue

is possible with **Nutri B-50 Complex** daily.

Nutri B-50 Complex is a premium formula containing a high-quality source of B vitamins. **Higher in vitamin B12** than other products and in our opinion **superior in taste**, **Nutri B-50 Complex** is a liquid-suspension formula that provides far **greater absorption and bioavailability** than capsules and tablets.

Each B vitamin performs individual functions, but complement each other and work together to help provide the essential maintenance your body needs to function optimally.

What makes **Nutri B-50 Complex** a complete formula?

- ✓ **Vitamin B1 (Thiamine hydrochloride)** is necessary for the metabolism of carbohydrates, fat and protein into energy.
- ✓ **Vitamin B2 (Riboflavin)** is required for healthy cell development and the release of energy, the formation of red blood cells, and the synthesis of antibodies.
- ✓ **Vitamin B3 (Niacinamide)** helps to maintain cell membranes and healthy circulation, supports healthy skin, and aids in the functions of the nervous system.
- ✓ **Vitamin B5 (Pantothenic acid)** is a required nutrient for the production of energy and the synthesis of red blood cells.
- ✓ **Vitamin B6 (Pyridoxine hydrochloride)** is required for healthy nerve cell development and immune system support.
- ✓ **Vitamin B12 (Methylcobalamin)** helps to maintain healthy nerve cells and red blood cells, and is essential for the maintenance of the nervous system and the production of energy.
- ✓ **Folic Acid (Folate)** is a nutrient that is required for the production of red blood cells and helps protect against cellular DNA damage.
- ✓ **Biotin** is involved in the synthesis of fatty acids, energy production, and cell growth.
- ✓ Enriched with **Choline and Inositol**, these lipotropic factors assist in healthy liver functions and enhance the absorption of the B complex vitamins.



B vitamins are essential components of numerous key enzyme systems, without which the body could not perform properly. Since our bodies cannot store these water soluble nutrients, it is essential that we achieve our needs with a regular intake from our diets and supplements.

B complex vitamins can help **fight tiredness and lethargy**,

help improve hair and nails, and may be beneficial for helping to alleviate the symptoms of anxiety and stress. The family of B vitamins is comprised of nutrients that help support the immune system and the nervous system. One serving of **Nutri B-50 Complex** daily can help your body meet its needs.

Choose the Liquid Power of New *Nutri B-50 Complex!*

	Brand "A"	Brand "B"	Brand "C"	<i>Nutri B-50 Complex</i>
Dosage Form	Liquid suspension	Liquid solution	Liquid suspension	Liquid suspension
Dosing Schedule	15 ml once daily	15 ml once daily	15 ml once daily	15 ml once daily
Quantity/Bottle	473 ml	473 ml	500 ml	500 ml
Active Ingredients Per Serving ("NA" denotes Not Available)				
Vitamin B1 (Thiamine HCl)	50 mg	50 mg	50 mg	50 mg
Vitamin B2 (Riboflavin)	50 mg	50 mg	50 mg	50 mg
Vitamin B3 (Niacinamide)	50 mg	50 mg	50 mg	50 mg
Vitamin B5 (Pantothenic acid)	100 mg	100 mg	100 mg	100 mg
Vitamin B6 (Pyridoxine HCl)	50 mg	50 mg	50 mg (Pyridoxal 5'-phosphate)	50 mg
Vitamin B12	75 mcg Cyanocobalamin	75 mcg Cyanocobalamin	925 mcg Methylcobalamin 75 mcg Cyanocobalamin	1000 mcg Methylcobalamin
Folic Acid	1000 mcg	1000 mcg	1000 mcg	1000 mcg
Biotin	75 mcg	75 mcg	1000 mcg	75 mcg
Choline	50 mg	50 mg	50 mg	50 mg
Inositol	50 mg	50 mg	50 mg	50 mg
PABA (para-aminobenzoic acid)	NA	50 mg	50 mg	NA
Flavour	Cherry	Cherry	Raspberry	Orange
Contains Sodium Benzoate	YES	YES	YES	NO*

***Why don't we include Sodium Benzoate?** This chemical is a widely used preservative commonly found in foods such as sodas, fruit juice drinks, and carbonated sodas, as well as cosmetics, dyes, and pharmaceuticals. It is produced by a reaction of benzoic acid with sodium hydroxide, which makes it dissolve in water. While benzoic acid is found naturally in low levels in some foods, the sodium benzoate listed on a product's label is typically synthesized in a lab. Considered safe in low doses, when sodium benzoate combines with ascorbic acid (vitamin C), a carcinogen known as benzene can form.



Live well
and live
healthy with
**Naka Herbs
and Vitamins!**

- ✓ Assists with normal growth and the formation of tissue and red blood cells.
- ✓ Helps the body to metabolize protein, carbohydrates and fat.
- ✓ Helps to reduce the risk of neural tube defects when taken daily prior to becoming pregnant and during early pregnancy.
- ✓ Does not contain Sodium Benzoate.
- ✓ More vitamin B12 than some popular brands.
- ✓ Liquid form provides greater absorption and bioavailability than capsules and tablets.
- ✓ Amazing natural orange flavour. We think it's the best-tasting product on the market!

Health food store exclusive

Naka original

ABSORPTION SUPÉRIEURE

Nutri B50

Complexe

CONTENT DU

1000 mcg de vitamine B12

+ À saveur naturelle d'orange!

• Non irradié • Sans GMO
• Sans gluten • 100% Végétarien

500 ml NPN 80042413

Experience the difference

Naka original

SUPERIOR ABSORPTION

Nutri B50

Complex

FEATURING

1000 mcg of Vitamin B12

+ Natural orange flavour!

• Non Irradiated • GMO free
• Gluten free • 100% Vegetarian

500 ml NPN 80042413

Emballage hermétique pour votre protection. Ne pas utiliser si le sceau est brisé ou absent. Garder hors de la portée des enfants. Bien agiter avant chaque usage. À conserver au réfrigérateur après ouverture.

Usage et effets recommandés :

- Aide à la croissance normale et à la formation de tissus et globules rouges.
- Aide à réduire les risques de malformations du tube neural lorsqu'il est pris quotidiennement avant ou dès le début de la grossesse.
- Aide l'organisme à métaboliser les glucides (hydrates de carbone), les lipides et les protéines.
- Contribue au maintien d'une bonne santé.

Dose recommandée : (Adulte) Prendre 15 ml par jour.
Direction d'usage : Prendre avec de la nourriture. Utiliser le bouchon-mesure fourni afin d'obtenir un dosage précis. Ne pas boire directement de la bouteille.

Ingédients médicinaux : Chaque 15 ml contient :

- Vitamine B1 (chlorhydrate de thiamine) 50 mg
- Vitamine B2 (riboflavine) 50 mg
- Vitamine B3 (niacinamide) 50 mg
- Vitamine B5 (acide pantothénique) 100 mg
- (D-pantothénate de calcium) 50 mg
- Vitamine B6 (chlorhydrate de pyridoxine) 50 mg
- Vitamine B12 (méthylcobalamine) 1000 mcg
- Acide folique (folate) 1000 mcg
- Biotine 75 mcg
- Choline (dihydrogénocitate de choline) 50 mg
- Inositol 50 mg

Ingédients non médicinaux : Glycérine (source végétale), bicarbonate de sodium, acide malique, feuille de stévia rebaudioside, gomme de xanthane, sorbate de potassium, xylitol, saveur de réglisse, saveur naturelle d'orange, eau purifiée. Ne contient pas de gluten, ni noix, œuf, poisson ou crustacé, produit animal ou laitier, maïs, soya, amidon, BPA ou levure.

Note : Ce produit est composé d'éléments naturels. À ces causes, de légères variations de couleur et de goût sont normales et n'affectent en rien la qualité du produit.

BPA Free Bottle / Bouteille sans BPA

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Made in Canada / Fabriqué au Canada

Sealed for your protection. Do not use if seal is broken or missing. Keep out of reach of children. Shake well before each use. Refrigerate after opening.

Recommended purpose or use:

- Helps normal growth plus the formation of tissue & red blood cells.
- Helps to reduce the risk of neural tube defects when taken daily prior to becoming pregnant and during early pregnancy.
- Helps the body to metabolize carbohydrates, fats and proteins.
- A factor in the maintenance of good health.

Recommended dose: (Adults) Take 15 ml daily.
Direction of use: Take with food. Use the calibrated measuring cup provided to obtain an accurate dosage. Do not drink directly from the bottle.

Medicinal ingredients: Each 15 ml contains:

- Vitamin B1 (Thiamine hydrochloride) 50 mg
- Vitamin B2 (Riboflavin) 50 mg
- Vitamin B3 (Niacinamide) 50 mg
- Vitamin B5 (Pantothenic acid) (Calcium D-pantothenate) 100 mg
- Vitamin B6 (Pyridoxine hydrochloride) 50 mg
- Vitamin B12 (Methylcobalamin) 1000 mcg
- Folic Acid (Folate) 1000 mcg
- Biotin 75 mcg
- Choline (Choline dihydrogen citrate) 50 mg
- Inositol 50 mg

Non-medicinal ingredients: Glycerin (vegetable source), sodium bicarbonate, malic acid, stevia rebaudioside leaf, xanthan gum, potassium sorbate, xylitol, natural orange flavour, natural orange flavour purified water. Contains no added gluten, milk, eggs, fish or shellfish, animal products, dairy, corn, soy, starch, wheat or yeast.

Note: This is a product with natural components. Therefore, slight variations in the colour and taste are normal and do not affect the quality of the product.

Naka original

www.NakaHerbs.com

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